



SAVE THE DATE

FIFTH ANNUAL INTEGRATIVE HEALTH SYMPOSIUM

You Are What You Eat: Integrative Health Approaches to Nutrition

Friday, Sept. 24, 2021 *Virtual Symposium*

In this one-day virtual symposium, attendees will explore the foundations of Integrative Nutrition and apply integrative strategies to the treatment and management of some common conditions affecting nutritional status. The Symposium will feature keynote lectures, expert panel discussions and experiential activities, including a live cooking demonstration. Symposium content will cover a range of topics including diets and eating patterns, herbs and supplements, obesity, food insecurity, the microbiome, culinary medicine, and food therapeutics.

Learn more: chop.cloud-cme.com

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